

That's clear!







Introduction & Communication Essentials



Module 1

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2h 

-  Welcome & Theoretical input 15 min
-  Workshop activity 1 - 30 min
-  Break 15 min
-  Workshop activity 2 - 60 min
-  Concluding round 5 min
-  Feedback 5 min

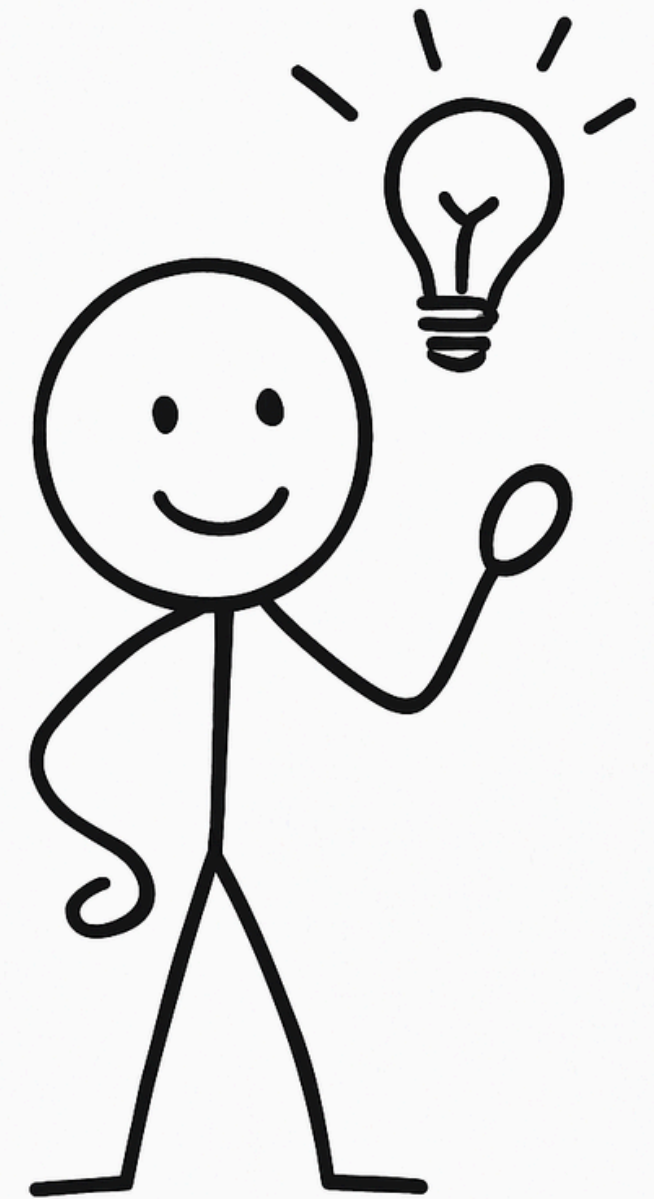


Project overview

The main objectives of this project are to strengthen inclusion, improve the quality of youth work, and modernise the training of youth workers.

This is achieved through:

the use of digital tools and the active involvement of marginalised young people in the co-design of resources.



Project overview

The overall project's priorities are:

- Inclusion and diversity improving access to youth services for marginalised young people, including migrants, people with cognitive disabilities and school dropouts.
- It trains youth workers in plain language. Participatory workshops ensure that young people can contribute to the design of resources that meet their needs.

What we will see and do.

The workshops include theoretical components and practical exercises based on case studies from partner organisations.

There are various activities on different topics.



Communication

30min 🕒



Through these workshops, we aim to raise awareness of communication and inclusion.

The theory deals with the topic and different means of forms of communication.



Communication

What is communication?

The four types of communication

Multidimensionality:

- verbal
- nonverbal
- paraverbal
- visual



Shannon & Weaver sender-receiver model (1949)

The four types of communication - Multidimensionality:

- sender
- channel
- receiver
- feedback


Shannon & Weaver sender-receiver model (1949)

Typical problems and barriers in the communication process:

- Different encoding & decoding
- Noise / Interference
- Relationship level
- Selective perception
- Ambiguities
- Missing or delayed feedback

Activity 1

Worksheet

That's clear!  Activity Sheet

Worksheet:

1. The four levels of communication

Level	What does it include?	Example
Verbal		
Nonverbal		
Paraverbal		
Visual		

2. Sender-receiver-Model

Task: Write an example from your everyday life for each step.

- 1. Sender sends a message:**
→ Example: _____
- 2. Transmission (channel):**
→ e.g. conversation, WhatsApp, body language
→ Example: _____
- 3. Receiver receives the message:**
→ Example: _____
- 4. Feedback:**
→ Example: _____

3. Where do misunderstandings arise?

Check the boxes for what you have already experienced:

- I understood words differently than the other person meant them.
- The tone of voice made me feel uncertain.
- The body language did not match the words.
- I was stressed and did not listen properly.
- A message (e.g. text message) was unclear or ambiguous.

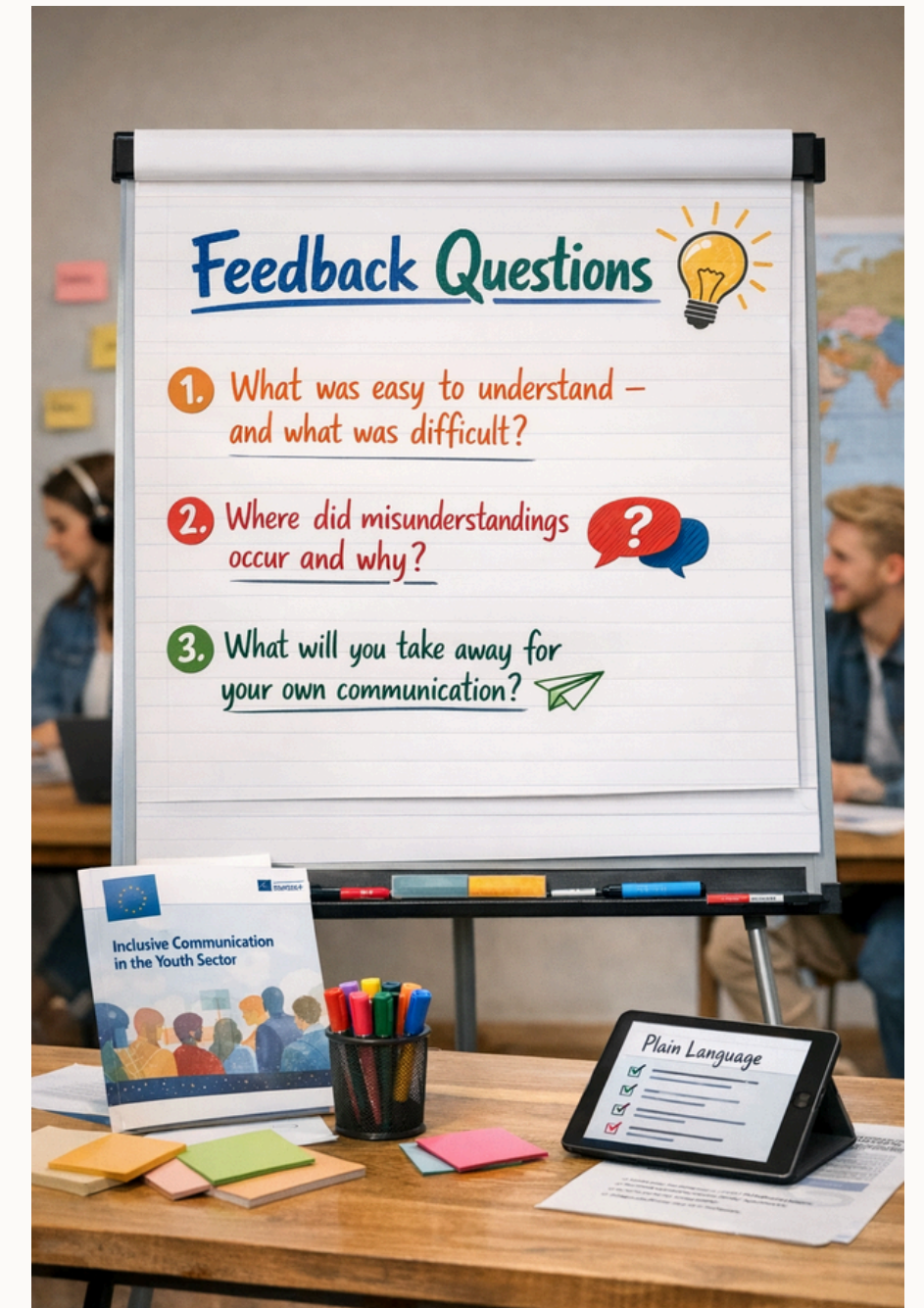
4. Reflection question (answer briefly):
How can you avoid misunderstandings in the future?

Communication

Workshop - Reflection with questions

Part 2


- What was easy to understand – and what was difficult?
- Where did misunderstandings arise, and why?
- What will you take away from this for your own communication?





Communication without words

1h 

 Why is this activity communication without words important?

In inclusive groups, communication is often non-verbal.

Many young people face language barriers due to migration, learning difficulties or shyness.

Body language, facial expressions and simple visual aids are important bridges.







Learning objectives of the activity

- Become aware of your own nonverbal signals
- Understand language barriers
- Promote empathy and cooperation
- Teambuildung
- Introduction to the topic of “inclusive communication”

Activity 2

Prepare the task as a group and present the solution using the following options:

-  Pantomime – act without words
-  Show emotions – use facial expressions
-  Drawing – create a symbolic image
-  Gaming a short scene – show a situation through acting

Reflection questions:

- How did communication without words feel?
- What was easy, what was difficult?
- Were there any uncertainties or misunderstandings?
- Which gestures or signs worked particularly well?
- What can be taken away for working with the target group?



Thank you!

Any questions? Doubts?

Let's discuss

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LebensGroß



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