

That's clear!

Engaging young people in inclusive communication



Module 4

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2h15min 🕒

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Energizer: Activation Walks 10 min



Participants move freely through the space, filling all areas and staying aware of others.

Facilitator gives commands:

- Walk = move
- Stop = freeze

Gradually increase pace and energy.

Then introduce reversals:

- When facilitator says Walk, participants stop
- When facilitator says Stop, participants walk

Add new commands:

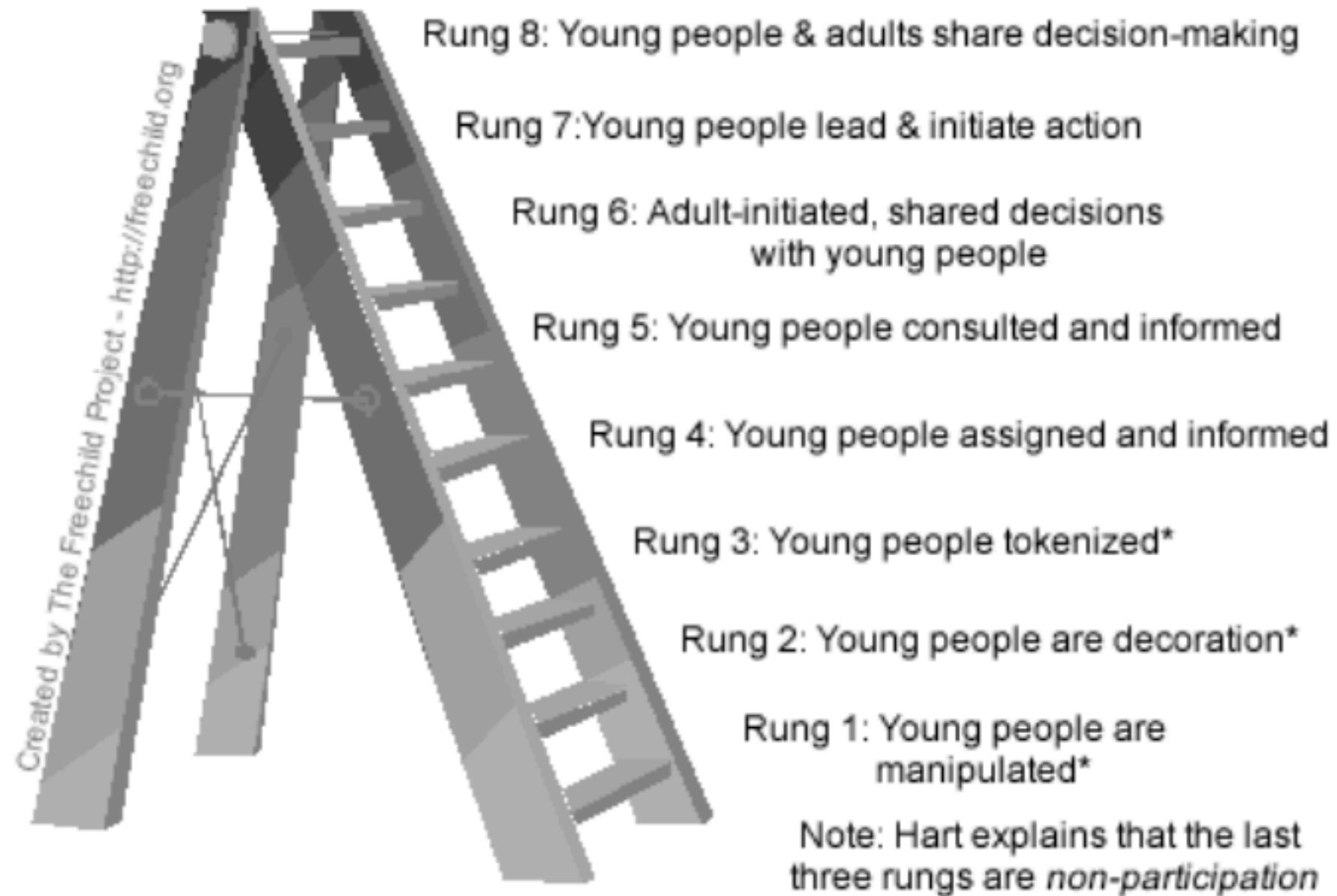
- Jump
- Clap

Then reverse these as well (Jump = Clap / Clap = Jump).

Purpose: wake up attention, listening, and mental flexibility.

The Ladder of Participation

Roger Hart's Ladder of Young People's Participation



Adapted from Hart, R. (1992). *Children's Participation from Tokenism to Citizenship*.
Florence: UNICEF Innocenti Research Centre.

Key characteristics of Non-Formal Education

- Is purposive but voluntary
- Is learner-centred and participatory
- Is carried on outside the framework of the formal system
- Has learning objectives and structured program
- Is flexible and adaptable to participants' needs
- Is inclusive and accessible
- Is focused on empowerment and active participation
- Is based on experience and reflection for assessment
- The competences and soft skills developed can be certified and recognised (Youthpass)

These characteristics make NFE particularly effective when working on inclusive communication with young people.



Thank you!

Any questions? Doubts?

Let's discuss

Bibliography

- Europass. (n.d.). Validation of non-formal and informal learning. Europass. <https://europass.europa.eu/en/validation-non-formal-and-informal-learning>
- Hart, R. A. (1992). Children's participation: From tokenism to citizenship. UNICEF International Child Development Centre.

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LES APPRIMEURS



LebensGroß



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